

## Interchange Lakeshore Districts 26 and 28

Group	day & time of open meeting	May 2018	Jun 2018	Jul 2018	Aug 2018	Sept 2018	Oct 2018	Nov 2018	Dec 2018	Jan 2019	Feb 2019	Mar 2019	Apr 2019
1 South End	Fri. 8:00 pm	12	13			3	26	25	17	6	7	4	5
2 Whitby Serenity	Wed. 8:00 pm	8	10			13	6	15	23	16	21	25	26
3 Simplicity	Wed. 7:30 pm	14	24			12	23	13	26	25	19	16	10
4 Whitby Group	Sat. 8:00 pm	6	3			18	9	2	16	7	25	23	13
5 Newcastle	Sat. 8:00 pm	24	2			8	21	1	20	10	6	26	16
6 Pringle Creek	Thurs. 8:00 pm	2	5			25	16	23	14	20	4	8	15
7 New Anchor	Wed. 7:30 pm	16	8			5	4	20	11	9	14	6	12
8 Primary Purpose	Mon. 7:30 pm	9	1			7	19	24	12	17	2	14	25
9 Motor City	Thurs. 8:00 pm	3	26			16	8	12	21	18	23	20	14
10 Orono Easy Does It	Thurs. 8:00 pm	23	17			11	1	16	2	4	8	15	18
11 Kedron	Tue. 7:30 pm	20	6			9	13	10	15	23	22	24	17
12 Garrard Road	Sun. 8:00 pm	19	14			2	18	26	3	15	16	13	23
13 Hampton New Life	Mon. 8:00 pm	22	19			24	14	17	4	3	9	5	20
14 Friendship	Tue. 7:30 pm	10	12			6	5	4	8	1	18	21	7
15 Gratitude	Fri. 8:00 pm	11	25			20	7	5	10	24	3	9	22
16 Liverpool	Mon. 8:00 pm	5	18			4	11	7	25	22	20	2	3
17 Ajax Freedom	Wed. 8:00 pm	15	11			14	25	6	13	21	26	1	8
18 Ajax Friday Night	Fri. 8:30 pm	25	7			17	22	21	19	12	11	3	6
19 Courtice 12&12	Thurs. 8:00 pm	21	20			22	12	3	24	14	1	18	11
20 Ajax Area	Sun. 8:00 pm	17	23			1	3	22	7	19	13	10	9
21 Oshawa Central	Sun. 7:30 pm	4	22			23	2	14	5	26	15	17	1
22 Bowmanville	Wed. 8:00 pm	26	4			10	15	8	1	13	24	19	21
23 Acceptance	Mon. 7:30 pm	7	21			19	10	18	22	2	17	11	24
24 Maple Grove Action	Sun. 7:30 pm	1	9			15	17	11	18	5	10	7	4
25 Keep It Simple	Tue. 8:00 pm	13	16			26	20	19	9	8	12	22	2
26 Grace	Mon. 7:30 pm	18	15			21	24	9	6	11	5	12	19

**INSTRUCTIONS:**

Interchange will take place in the FIRST SEVEN DAYS OF EACH MONTH. Please note the DAY and TIME of the group you are visiting.

Note the # before your group name; this is your group number. The number in the month column is the group you visit.

Example how to read this chart: (#25 Keep it Simple will visit #13 Hampton New Life on Monday May 7, 2018 at 8:00 pm)

If your group is unable to attend and conduct interchange, please make an effort to contact someone from the affected group. Your GSR should have a list of other GSR's to contact.