

Interchange Lakeshore Districts 26 and 28 *UPDATED

	Group	Day & Time of Open Meeting	May 2019	Jun 2019	Jul 2019	Aug 2019	Sept 2019	Oct 2019	Nov 2019	Dec 2019	Jan 2020	Feb 2020	Mar 2020	April 2020
1	Acceptance	Mon. 7:30 p.m.	2	5			7	10	21	22	24	6	4	13
2	Primary Purpose	Mon. 7:30 p.m.	5	19			10	21	1	14	17	3	6	4
3	Ajax Freedom	Wed. 8:00 p.m.	24	23			21	20	19	18	16	11	12	9
4	Ajax Friday Night	Fri. 8:30 p.m.	3	6			22	13	15	16	18	19	20	21
5	Bowmanville	Wed. 8:00 p.m.	1	2			4	6	8	10	15	20	11	19
6	Courtice 12&12	Thurs. 8:00 p.m.	12	24			2	25	7	13	20	22	23	14
7	Friendship	Tue. 7:30 p.m.	22	21			25	24	20	19	2	18	17	16
8	Garrard Road	Sun. 8:00 p.m.	10	12			11	16	13	17	14	21	18	25
9	Grace	Mon. 7:30 p.m.	21	16			12	18	17	20	19	15	13	10
10	Gratitude	Fri. 8:00 p.m.	7	20			3	8	6	21	12	24	22	15
11	Hampton New Life	Mon. 8:00 p.m.	4	3			13	12	2	5	7	25	16	6
12	Kedron	Tue. 7:30 p.m.	11	17			23	14	22	9	6	8	10	3
13	Keep It Simple	Tue. 8:00 p.m.	14	15			24	1	25	2	21	9	3	18
14	Liverpool	Mon. 8:00 p.m.	25	18			5	15	23	3	22	12	24	17
15	Maple Grove Action	Sun. 7:30 p.m.	9	4			16	3	24	7	25	17	21	5
16	Motor City	Thurs. 8:00 p.m.	8	7			20	2	3	25	9	4	14	24
17	New Anchor	Wed. 7:30 p.m.	19	8			1	4	12	6	11	2	15	7
18	Newcastle	Sat. 8:00 p.m.	23	9			14	7	4	8	3	5	19	1
19	Orono Easy Does It	Thurs. 8:00 p.m.	20	25			9	22	18	1	4	7	2	8
20	Oshawa Central	Sun. 7:30 p.m.	6	22			17	9	5	4	23	13	1	11
21	Pringle Creek	Thurs. 8:00 p.m.	17	1			15	5	14	11	8	10	25	23
22	Simplicity	Wed. 7:30 p.m.	18	14			19	23	10	24	13	16	9	12
23	South End	Fri. 8:00 p.m.	16	13			18	19	11	12	5	14	7	2
24	Whitby Group	Sat. 8:00 p.m.	15	11			8	17	9	23	10	1	5	22
25	Whitby Serenity	Wed. 8:00 p.m.	13	10			6	11	16	15	1	23	8	20

INSTRUCTIONS:

Interchange will take place in the first seven days of the month. Please note the day and time of the group you are attending. Note the # before your group name; this is your group number. The number in the month column, is the group you visit.

Example how to read this chart: (#1 Acceptance will visit #2 Ajax Area on Sunday, May 5 at 7:30 p.m.)

If your group is unable to attend and conduct interchange, please make an effort to contact someone from the affected group. Your GSR should have a list of other GSR's to contact.