

2021 - 2022 ZOOM Interchange Schedule for Lakeshore Districts 26 and 28

#	Group	Day and Time of Open ZOOM Meeting	July 2021	Aug 2021	Sep 2021	Oct 2021	Nov 2021	Dec 2021	Jan 2022	Feb 2022	Mar 2022	Apr 2022
1	Ajax Friday Night Group	Friday 8:30pm	2	3	4	5	3	9	8	9	4	2
2	Bowmanville Group	Wednesday 8:00pm	1	4	5	3	7	8	1	10	6	11
3	Courtice 12 and 12	Thursday 8:00pm	4	5	9	4	9	10	11	1	2	4
4	Friendship Group	Tuesday 7:30pm	5	6	7	8	10	3	9	2	3	1
5	Garrard Road Group	Sunday 8:00pm	6	7	8	9	11	1	2	3	7	10
6	Hampton New Life Group	Monday 7:00pm	8	9	10	11	1	2	3	4	5	8
7	Liverpool Group	Monday 8:00pm	9	10	11	1	2	11	4	5	11	9
8	Pringle Creek Gratitude Group	Thursday 8:00pm	10	11	1	2	4	5	6	7	9	5
9	Port Perry Goodtide Group	Wednesday 8:00pm	11	1	3	10	6	4	7	8	10	6
10	Southend Group	Friday 8:00pm	3	2	6	7	8	6	5	11	8	3
11	Whitby Group	Saturday 8:00pm	7	8	2	6	5	7	10	6	1	7

INSTRUCTIONS:

For up-to-date ZOOM Meeting ID's and Passwords, go to: www.aadurham.org/meetings

Interchange will take place in the first seven days of the month. Please note the day and time of the group you are attending . Note the # before your group name; this is your group number. The number in the month column, is the group you visit.

Example how to read this chart: (#1 Ajax Friday Night Group will visit #2 Bowmanville Group on Monday, July 5th at 8:00 p.m.)

If your group is unable to attend and conduct interchange, please make an effort to contact someone from the affected group. Your GSR should have a list of other GSR's to contact.

For any other questions or concerns, please contact your Alternate DCM:

District 26	Rob F at (647) 895-4120
District 28	James S at (289) 600-7218